



Contract

Purpose of Agreement

The purpose of this agreement is to establish clear guidelines and reasonable expectations for the range of services provided by Suzanne Calibo, End of Life Doula.

As an End of Life Doula, I offer clients and/or family caregivers an added layer of non-medical support, advocacy, and guidance. In this document, "family caregiver" refers to the spouse, family member, partner, or friend who provides the majority of care to the client. I work for the client independently and not for a specific hospice, palliative care organization, hospital, assisted living facility, or nursing institution. I am an independent, insured, and self-employed professional. My services are rooted in non-medical support to practice in this capacity.

What is an End of Life Doula?

An End of Life Doula provides compassionate support to both the dying person and their loved ones. A non-medical professional, an end of life doula assists individuals on a physical, emotional, spiritual, and practical level throughout the dying process. This support can also be extended by professionals such as nurses, physicians, or home health aides, but in the role of an end of life doula, the primary purpose is to offer a comforting presence and assist in non-medical aspects of the end-of-life journey.

What does an End of Life Doula do?

End of Life Doulas are trained in all stages of end-of-life care and serve as a knowledgeable resource for both clients and families. They can help explain what to expect, provide comfort strategies, and suggest approaches for easing discomfort and creating a more peaceful experience.

Examples of What an End of Life Doula Offers:

- Serving as a compassionate companion to the dying and their loved ones
- Suggesting comfort-enhancing interventions for both physical and emotional support
- Facilitating conversations around unresolved issues and emotional closure
- Creating a vigil plan for personalized end-of-life support
- Providing guidance for end-of-life planning, including funeral arrangements
- Assisting in writing eulogies and obituaries
- Supporting families in planning commemorations or memorial events
- Being present and providing support throughout the entire dying process
- Helping the client reflect on their life's meaning, legacy, and contributions to the world



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Responsibilities of the Death Doula

Model of Care

I adhere to the National End-of-Life Doula Alliance's Death Doula Model of Care, which defines the role as a collaborative, non-medical, non-judgmental, family-centered position. This holistic approach is designed to support clients and their caregivers in becoming more informed and empowered decision-makers.

Confidentiality

All personal and medical information shared with me will be treated with strict confidentiality. However, as a professional with mandated reporting obligations, I am legally required to report any suspected abuse or neglect of a child, elder, or vulnerable adult to the appropriate authorities. All notes or documentation will be kept secure and private.

Respect and Dignity

Clients and their family caregivers can always expect to be treated with respect, dignity, and compassion throughout our time working together.

Response Time

I strive to return calls, respond to texts, and address voicemails within one hour. If you don't hear back from me within that timeframe, please reach out again. Emails will be answered within 24 hours.

Availability

While I make every effort to be available during challenging times, I am not able to provide around-the-clock on-call service. My primary working hours are Flexible Mondays, Tuesdays, and Thursdays and will be scheduled in advance. If the 11th hour needs fall on other days of the week I am available from 6-10 PM. However, I am willing to make exceptions under special circumstances. I also offer virtual support via text and email 24/7. While my response time may vary between 2 to 4 hours, I am committed to being a consistent source of support through these channels.

Agreement

End of Life Doulas working independently must obtain their own liability insurance.



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LIABILITY:

I/we acknowledge that End of Life Doula has a limited role as outlined in the services described in this agreement. I/we understand that purchasing services does not guarantee a problem-free or ideal end-of-life experience. I/we recognize that my/our Doula does not make decisions regarding medical care, when or if to seek medical attention, or any other healthcare-related decisions on my/our behalf.

In consideration of the above acknowledgments, I/we (both jointly and separately), on behalf of myself, ourselves, my/our heirs, administrators, personal representatives, executors, and assigns, agree to release and forever discharge 716 End of Life Doula from any and all liability, damages, or causes of action, either at law or in equity, which I/we may have or acquire as a result of utilizing the Death Doula services provided by 716 End of Life Doula.

I/we have read and understand all the information included in this document, and by signing below, I/we confirm that this is a COMPLETE RELEASE and a BAR AGAINST ANY CLAIMS that I/we may have or believe we may have as a result of our End of Life Doula services contract.

I/we have read this contract describing the End of Life Doula's services and agree to enter into a client-Death Doula relationship for the services indicated above.

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Client and/or Representative

Date

Death Doula

Date